



Sample Book List

For reference only.

Book lists may change each year. Students will receive a current list of required texts upon enrollment.

Therapeutics (year 2)

Required Texts:

- **Pathophysiology: The Biologic Basis for Disease in Adults and Children (McCance) 2009/6th ed.
- *Staying Healthy with Nutrition (Haas)
- **Principles and Practices of Phytotherapy, 2nd edition, (Mills & Bone)
- **American Herbal Products Association Botanical Safety Handbook, 2nd edition
- *Prakriti (Svoboda)
- *Between Heaven & Earth (Beinfeld & Korngold)

Materials:

loose herbs, supplies to prepare tinctures and oils, essential oils, flower essences, etc.; types of supplies will be up to the student to choose, but will include at least some of the above to complete final project for Herbal Preparations

Camping gear for Field Experience in July

Suggested Texts:

These are books we personally like and would recommend, but please use your own judgement when purchasing suggested books. Not all topics and/or authors are of interest to all students

- Human Physiology, (Silverthorn) 2012/6th edition (used copies are affordable)
- **Pathologic Basis of Disease (Robbins)
- The Modern Herbal Dispensatory: A Medicine Making Guide (Easley & Horne)
- Health & Healing with the Herbs of Life (Tierra)
- Herbal Constituents (Ganora)
- 300 Herbs: Their Indications and Contraindications (Alfs)
- Medical Herbalism (Hoffmann)
- A Clinical Guide to Blending Liquid Herbs (Bone) *highly recommended*
- Herbal Vade Mecum (Skenderi)
- Essential Guide to Herb Safety (Mills & Bone)
- The Earthwise Herbal: A Complete Guide to New World Medicinal Plants (Wood) - 2 volumes
- Winston & Kuhn's Herbal Therapy and Supplements: A Scientific and Traditional Approach (Kuhn & Winston)
- Differential Diagnosis of Common Complaints (Seller)
- Healing with Whole Foods (Pitchford)
- Practice of Traditional Western Herbalism (M. Wood) *recommended if you skipped Year 1*
- **Women, Hormones & the Menstrual Cycle revised or 3rd ed. (Trickey)
- Botanical Medicine for Women's Health (Romm)
- The Consultation in Phytotherapy (Conway)