



Therapeutics (Year 2) Reading & Materials List

If you want to order books online, allbookstores.com is an excellent resource that compares many sites and finds the best deal; campusbooks.com can also be helpful with textbooks.

Required Texts:

- *Pathophysiology: The Biologic Basis for Disease in Adults and Children* (McCance) 2005 ed.
- *Human Physiology*, 2003 edition (Silverthorn)
- *Staying Healthy With Nutrition* (E. Haas) *
- *Herbal Medicine Maker's Handbook* (J. Green)
- *Medical Herbalism* (Hoffmann)
- *Principles and Practices of Phytotherapy* (Mills & Bone) *
- *Essential Guide to Herb Safety* (Mills & Bone)
- *Prakriti* (Lad) *
- *Between Heaven & Earth* (Beinfield & Korngold) *

Materials:

- loose herbs, supplies to prepare tinctures and oils, essential oils, flower essences, etc.; types of supplies will be up to the student to choose, but will include at least some of the above to complete final project for Herbal Preparations
- camping gear and harvesting tools for Field Experience

Suggested Texts:

- *Pathologic Basis of Disease* (Robbins)
- *Herbal Contraindications and Drug Interactions* (Brinker)
- *A Clinical Guide to Blending Liquid Herbs* (Bone) **highly recommended**
- *Herbal Vade Mecum* (Skenderi)
- *Merck Manual*, new ed.
- *Winston & Kuhn's Herbal Therapy and Supplements: A Scientific and Traditional Approach* (Kuhn & Winston)
- *Differential Diagnosis of Common Complaints* (R. Seller)
- *Healing with Whole Foods* (P. Pitchford)
- *Practice of Traditional Western Herbalism* (M. Wood) **recommended** if you skipped Foundations
- *Women, Hormones & the Menstrual Cycle*, revised or 3rd ed. (R. Trickey)
- *Botanical Medicine for Women's Health* (A. Romm)
- *The Consultation in Phytotherapy* (P. Conway)

* Students will need early in the year and should buy first if prioritizing purchases.